

2019 -2020  
OFFICIAL GUIDE TO

# TRANS RESOURCES

AT STANFORD



# TABLE OF CONTENTS

## NOTE:

This is an official guide to resources and information pertaining to trans, non-binary, and gender questioning students at Stanford. This resource guide is a constantly evolving collaborative effort between members of the Stanford trans community, staff, and the many offices, services, programs and organizations at Stanford committed to supporting them.

In this guide, we use the term “trans” as a broad umbrella term encompassing many identities and experiences of gender.

To connect with a community of trans-identified students, staff and faculty and their allies, join [transgender@lists.stanford.edu](mailto:transgender@lists.stanford.edu) by going to <https://mailman.stanford.edu/mailman/listinfo/transgender>

To contribute new or updated information to this resource guide, please contact [transresourceguide@stanford.edu](mailto:transresourceguide@stanford.edu).

To get in touch with trans students who facilitate trans resources through Weiland and Queer Student Resources (QSR) or for help with navigating this guide with someone trusted, you can contact: [transresources@stanford.edu](mailto:transresources@stanford.edu)

Note for PostDocs: knowing that most services are geared towards undergraduate and graduate students, we have created a separate PostDoc Trans Guide. Please contact [weiland@stanford.edu](mailto:weiland@stanford.edu) for a digital and/or hard copy.

<i>COMMUNITY</i>	4
<i>COUNSELING &amp; GUIDANCE</i>	6
<i>QUEER HEALTH</i>	10
<i>ACADEMIC RESOURCES</i>	16
<i>GENDER-AFFIRMING HOUSING</i>	20
<i>ORGANIZATIONS &amp; RESOURCES</i>	24

# COMMUNITY

While most student groups, on-campus programming and other aspects of campus social life have continued to become more trans-inclusive, trans students can find a thriving and welcoming community built around:

## TERRA HOUSE

Terra House is the unofficial LGBTQIA+ themed co-op undergraduate housing on campus, and hosts frequent community gatherings including weekly events and a quarterly all-campus party. Terra happy hours and Terrabytes, an event series on LGBTQ+ topics, occur on alternating weeks.

**Contact:** [terrabitesteam@gmail.com](mailto:terrabitesteam@gmail.com)

## QUEER STUDENT RESOURCES

Queer Student Resources (QSR) is a community of students, university staff, and faculty working to make Stanford a place where people of all genders and sexualities can flourish. QSR forges connections through affinity groups like Trans& and QTPOC Kickback, hosts a wide range of events and activities (Queer Arts Initiative, Wellness @ QSpot, and many others) and collaborates with campus partners like Gender Inclusive Stanford (GIS), the Weiland Health Initiative, and the Centers for Equity, Community and Leadership (ECL) to help trans and non-binary students find the resources they need to thrive at Stanford.

QSpot, on the second floor of the Firetruck House, is a queer oasis on campus: a place to study, chill, meet new friends, and host events. It features a library, computer cluster, and complimentary printing. QSpot is open to all undergraduate, graduate, and postdocs attending or visiting Stanford. QSpot is open 12-5pm Mon-Fri, and current students can request a doorcode for 24/7 access. Come through and say hey! We'll be so glad to see you.

**Location:** QSpot; Fire Truck House (2nd floor);  
433 Santa Teresa Street, Stanford, CA 94305

### Contact:

[QueerStudentResources@stanford.edu](mailto:QueerStudentResources@stanford.edu)

- ↪ For a list of queer communities on campus visit the QSR website: [queer.stanford.edu/communities](http://queer.stanford.edu/communities)
- ↪ To request a doorcode, please visit: [web.stanford.edu/group/lgbtcrc/doorcode.fb](http://web.stanford.edu/group/lgbtcrc/doorcode.fb)



## TRANS&

Trans& is a space for anyone who identifies under the trans umbrella, and anyone questioning their gender identity. We eat dinner together and do an intentional check-in where everyone has a chance to speak and share anything that is on their mind. It can be an opportunity to ask and answer questions together, share resources, and hang out in community. It is a safe space where the identities of attendees are not disclosed and anything shared is confidential. To get notifications about Trans& events, join the trans mailing list: [transgender@lists.stanford.edu](mailto:transgender@lists.stanford.edu) or contact [transresources@stanford.edu](mailto:transresources@stanford.edu).

## TRANS GRADS & POSTDOCS

An additional community of trans folks on campus, this group provides a space for graduate students and postdocs to connect with each other. The group gathers for official events about once per month, and the email list serves as a means for members of the community to connect with one another. Email list: [trans\\_grad-pd@lists.stanford.edu](mailto:trans_grad-pd@lists.stanford.edu)

### Trans Office Hours

Trained student staff are available each week for drop-in hours at QSpot to help support you as you navigate any of the following topics: transitioning, health care and insurance, “coming out” conversations and talking about trans identity with cisgender people, being trans at Stanford, being trans in the classroom/workplace, families, and whatever it is you want to talk about with someone else who’s trans. To find out the current quarter’s hours, email [transresources@stanford.edu](mailto:transresources@stanford.edu)

## COMMUNITY CENTERS

A list of community centers with student staff and resources for emotional support and advice: [undergrad.stanford.edu/tutoring-support/communitycenter-resources](http://undergrad.stanford.edu/tutoring-support/communitycenter-resources)

# COUNSELING & GUIDANCE

For students seeking emotional and mental health services, we have many different organizations and services on campus:

## WEILAND HEALTH INITIATIVE

Weiland offers a spectrum of services for a spectrum of experiences and prides itself in centering queer experiences within all of its clinical services - be it collaborative individual therapy, consults for gender based-care such as hormones or surgery, issue-specific group programming, or drop-in community hours.

Through our affirming and intersectional services, we hope to help you in your journey towards acceptance as you ground yourself in your truth. With multi-dimensional support and tailored resources, we strive to empower you as you explore your expansive possibility.

To learn more about the Weiland Health Initiative:

- 👉 Website: [weiland.stanford.edu](http://weiland.stanford.edu)
- 👉 Email: [weilandhealth@stanford.edu](mailto:weilandhealth@stanford.edu)
- 👉 Who's on Weiland staff? [weiland.stanford.edu/about-us](http://weiland.stanford.edu/about-us)

### **What do we mean by “queer”?**

While “queer” means many different things to different people, we use it as a universal term to describe people who don't fit neatly into society's definitions of gender, sex, and sexual identity.

### **How do you know if these services are for you?**

No matter how you identify, if you have questions, concerns, doubts, or goals for anything related to gender, sex, and/or sexual identity, our services were made with you in mind! You don't have to choose a label or identify a certain way in order to use our services.

### **Is this the only place where I can get these kinds of affirming services?**



Nope! There are specially trained folks at Counseling & Psychological Services who can also provide one-time consults and short-term therapy. For more information, go to: [vaden.stanford.edu/caps](http://vaden.stanford.edu/caps).

## THE BRIDGE PEER COUNSELING CENTER

The student-run peer counseling center offers anonymous and confidential counseling from trained undergraduate and graduate students. They're reachable 24/7 via phone and open for in-person drop-ins from 9AM to midnight.

**Contact:** (650) 723-3392

**Location:** Rogers House, 581 Capistrano Way

## COUNSELING AND PSYCHOLOGICAL SERVICES

CAPS is the university's counseling center dedicated to student mental health and well-being (note: postdoctoral students need to go through the Faculty Staff Help Center). CAPS offers a variety of services including brief individual psychotherapy, group therapy, wellness workshops, psychiatry services including medication management, and crisis intervention.

If you are interested in meeting with a provider who has specialized training in providing trans-specific services and/or gender affirming support - no matter the reason you are visiting CAPS - you can request this during your first conversation with an access coordinator.

During this initial conversation, you can also specify if you would like to meet with someone who has specific knowledge or training in trans and gender-related topics and care. You will also be asked the following general questions to pair you with the best clinician and/or services to match your needs:

- ☞ The name you would like to be called, your pronouns, and reason for calling
- ☞ General mental health concerns as well as any concerns about gender and/or sexual identities
- ☞ Your preferences regarding the identity and specialization of the clinician you are matched with

If you are interested in long-term care and support, there are also local providers who may be in your insurance network and available for long-term counseling services. Your insurance company should have a list of in-network providers that you can reach out to who are gender-affirming. For help navigating these lists or calling your insurance, you may schedule an appointment with CAPS Referral Coordinator, Ariana Davidson.

#### **Contact:**

- ☞ To speak with an access coordinator, set up an appointment, to speak with Ariana, or for an urgent concern: (650) 723-3785
- ☞ Hours: 9:00am - 4:00pm to talk to an access coordinator in person
- ☞ Location: Second floor of Vaden Health Center, 866 Campus Dr.

For more information about CAPS clinicians and finding someone who is the right fit for you, you can visit the CAPS staff page at [vaden.stanford.edu/people/caps](http://vaden.stanford.edu/people/caps).

## **DROP-IN HOURS AT TERRA HOUSE**

Gender and Sexual Identities CAPS Connects are a great resource if you would like to speak with a LGBTQIA+ affirming CAPS clinician about topics and concerns related to gender and sexual identities, resources on and off campus, and general questions about counseling in a confidential space. This resource is also available to faculty, staff, and student staff who wish to consult on how best to support a student around gender and sexuality topics. Each session is 30 minutes long and located in the Bi Room at Terra House (look for signs posted on doors to Terra House).

To make an appointment: You can reserve an appointment online through VadenPatient portal and select Terra Drop-in (recommended; [vaden.stanford.edu/make-appointment](http://vaden.stanford.edu/make-appointment)) OR you can drop-in.

## **CONFIDENTIAL SUPPORT TEAM (CST)**

The Confidential Support Team (CST) offers free and confidential support to Stanford students impacted by gender-based violence, sexual assault, and relationship violence. This includes domestic abuse, intimate partner abuse, stalking, and sexual- or gender-based harassment and discrimination. CST services include brief emotional support, ongoing individual counseling

for distress related to trauma, and information about rights and reporting options. CST also offers support and guidance to help students navigate systems that can be confusing in the aftermath of trauma, including obtaining medical care, making a report to the police or the Title IX office, and/or seeking accommodations related to housing or academics. CST support is also available for those who have questions about how to best support a survivor.

Initial visits at CST typically last between 30 and 60 minutes. During an initial visit, your CST counselor will provide confidential support, offer information about your rights and reporting options, and check in about your safety and well-being. Most importantly, you will be supported in making decisions about what next steps are best for you. You are in control of what you share at CST and can end an initial visit at any point you choose. Initial visits can be scheduled by calling our office during business hours or through the Vaden patient portal at any time.

- ☞ 24/7 Hotline for urgent matters: (650) 725-9955
- ☞ CST Office Line: for non-urgent matters, including making appointments, during business hours call (650) 736-6933
- ☞ Walk-in Hours: 8:30 am–5 pm (Monday–Friday) at Kingscote Gardens
- ☞ Website: [vaden.stanford.edu/sexual-assault](http://vaden.stanford.edu/sexual-assault)
- ☞ Contact: Helen Wilson at [helenwilson@stanford.edu](mailto:helenwilson@stanford.edu)

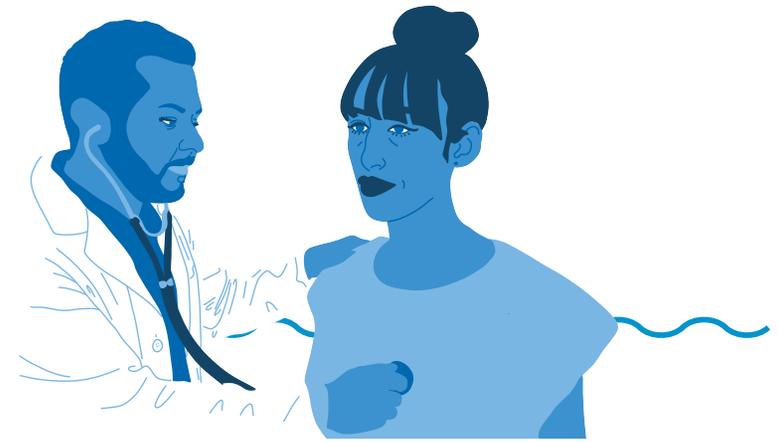
## **OMBUDS OFFICES**

There are two Ombuds Offices at Stanford – one at the School of Medicine and the other serving the remainder of the university. The Ombuds Offices are confidential resources where students, staff, postdocs and faculty are welcome to come to discuss any concern that is interfering with their Stanford experience.

The Ombuds will listen, offer information about relevant policies and procedures, make referrals to other resources at Stanford, and help individuals identify and evaluate options to address their concerns. In addition, the Ombuds Offices offer informal mediation services to individuals or groups at Stanford that are locked in a dispute. All contacts with the Ombuds Offices are kept strictly confidential, and for this reason, the Ombuds Offices can be a good place to raise concerns and work toward responsible systemic change.

- ☞ University: Brenda Berlin (650) 497-1542 ([ombuds@stanford.edu](mailto:ombuds@stanford.edu))
- ☞ School of Medicine James Laflin (650) 498-5744 ([jlafin@stanford.edu](mailto:jlafin@stanford.edu))
- ☞ School of Medicine Ombus Website: [med.stanford.edu/ombuds](http://med.stanford.edu/ombuds)

# QUEER HEALTH



## MEDICAL SERVICES

Gender-affirming medical services can refer broadly to the services one may choose to access in order to align with a particular gendered identity or experience. These steps are sometimes included in what is often called “medical transition,” and each individual can opt to pursue any combination of these services, or none at all, in any order they choose (though there are sometimes benefits to initiating them in a certain order).

### **Access to Gender-Affirming Medical Services**

Services include initiation and management of gender-affirming hormone therapy, medical follow up of treatment, and referrals for gender-affirming procedures. For students who need injections, our nurses will assist in teaching proper self-injection techniques and supply sharps containers.

Answers to many questions related to hormone therapy, gender-affirming surgery, and sexual health can be found at the Vaden Health Center’s website.

If you would like assistance with preparing for surgery and/or planning your aftercare, you may schedule an appointment with the medical services Continuity of Care Nurse, Catherine Crawford-Swent, R.N., or send a secure message through the VadenPatient portal.

### **Contact/More Information:**

- ☞ Online: [vaden.stanford.edu/health-resources/lgbtq-health/transgender-health](https://vaden.stanford.edu/health-resources/lgbtq-health/transgender-health)
- ☞ Continuity of Care Nurse: (650) 725-0984
- ☞ Address: 866 Campus Drive, Stanford

## INSURANCE

If you are seeking gender-affirming services, you may be utilizing your insurance. Navigating this process is often confusing and frustrating. There are several resources on- and off-campus which you can use to get help in

navigating this process.

If you have questions about insurance coverage, you can call the Vaden Insurance Office at (650) 723-2135 or stop by to ask in person.

### **Cost of Hormone Therapy**

Because the cost of hormones can fluctuate, for students with any insurance we encourage you to ask the pharmacist or your doctor about the cost of your hormones using your insurance compared to paying out of pocket. In some cases the cost of your hormones may be more affordable when paying out of pocket, especially when using coupons (like GoodRx). This may also be true for supplies, including needles and syringes.

### **Student Health Matters (Cardinal Care only)**

An advantage of having Cardinal Care is that the health benefits plan supports many gender-affirming services including the following (Please note that a referral from a Vaden Medical provider to Cardinal Care insurance is required to receive these benefits):

- ☞ Mental health care with in-network gender affirming providers
- ☞ Gender-affirming Outpatient Surgery<sup>a</sup>
- ☞ Electrolysis hair removal<sup>a</sup>
- ☞ Hormone Therapy<sup>b</sup>

To see a full list of what is covered under Cardinal Care, visit: [vaden.stanford.edu/insurance/cardinal-care-overview-and-benefits](https://vaden.stanford.edu/insurance/cardinal-care-overview-and-benefits)

<sup>a</sup> Falls under “Tier 1 Medical benefits.”

<sup>b</sup> Falls under “Prescriptions filled at Vaden Health Center or another Preferred Health Net pharmacy - specialty drug.”

## **HNET Case Manager (Cardinal Care only)**

Students should contact HNET customer care for the following:

- ☞ Getting a list of surgeons (there may not be the option to choose a surgeon with a specialty in gender-affirming surgeries)
- ☞ Understanding benefit coverage for different procedures
- ☞ Answering questions about pre-authorization if a member wants to appeal a rejection and has questions about this process

Note: Phone numbers vary depending on EPO, PPO, HMO; applicable phone number should be located on the back side of issued insurance cards. We encourage you to utilize our on-campus resource and reach out to the Continuity of Care Nurse, Catherine Crawford-Swent (see above).

### **Steps for Gender Affirming Surgery - All Insurances**

Because each of these steps can take varying amounts of time, we recommend starting this process as early as you feel comfortable and talking with your medical and mental health professionals about setting a realistic timeline, receiving support, and amount of recovery time needed which can vary depending on your surgery. Below is a general list of steps.

Please note that additional steps may be necessary depending on the type of surgery you are seeking and the requirements for your individual insurance. You may choose to research the surgeons in your area before contacting your insurance provider, and some surgeons offer an insurance liaison service to assist you in navigating the complexities of insurance coverage. The steps that follow are only a guide and can often be done in a different order depending on the provider you choose to work with.

- ☞ Contact your insurance to understand your coverage (e.g. co-payment, deductible) and asking for a list of in-network surgeons
- ☞ Obtain a letter(s) of support from a psychologist (available at CAPS)
- ☞ Obtain a referral from a medical professional (available at Vaden)
- ☞ Schedule a consult with a surgeon
- ☞ Schedule surgery (often 6 months to 1 year in advance)
- ☞ For genital surgery, hair removal is often necessary (can take 6 months to 1 year)

For most insurances, both a letter of support and a referral from a medical professional to insurance are required to apply for pre-authorization approval for gender-affirming outpatient surgery.

For more information, visit [vaden.stanford.edu/health-resources/lgbtq-health/transgender-health](https://vaden.stanford.edu/health-resources/lgbtq-health/transgender-health)

## **NAME AND/OR GENDER MARKER CHANGE**

Trans students on campus have many options for changing their name and/or gender marker on university-wide documents and records. While many of these changes can be made without legal documentation, others (paychecks, financial aid, medical records) do require documentation of a legal change.

If you would like any assistance in this process, Trans Office Hours is a great resource for help with this. Free legal consultation and court document review is available through the ASSU Legal Counsel Office.

Trans Office Hours Information: [transresources@stanford.edu](mailto:transresources@stanford.edu)

ASSU Legal Counsel Office: [lco@assu.stanford.edu](mailto:lco@assu.stanford.edu)

### **Changing Name and Pronouns in Stanford Systems**

To change the name that displays on Canvas, class rosters and some other systems on campus:

1. Log into Axxess and click the icon in the upper right where it says "Hello, \*legal name\*"
2. Click "Personal Information" in the dropdown menu
3. Select "Preferred Name" for the "Name Type" option and enter in the name you would like to appear in the system

Alternatively, log into Axxess and navigate to the "NameCoach" link under the STUDENT tab. Fill out the prompts with the name and/or the pronouns by which you would like to be referred.

Note: many information systems on campus are populated with your identifying information only once, when you first enter the university system. These may include: Parking and Transportation, EH&S, the Hume Center, Handshake, and many others. In this case you will likely need to reach out directly to each individual office or digital platform to edit how your name appears in their system.

To change the name displayed on sent emails: navigate to Settings -> Accounts -> Send mail as: -> edit info and enter your name.

Pronouns can also be added or edited in your medical records by selecting your profile in the top left side of the VadenPatient portal menu. There is also an option to specify your gender identity in the same section. However, the options are a work in progress.

### ***New ID Card***

To get an ID card that reflects a different name, go to the Student Services Center on the second floor of Tresidder Memorial Union and ask for assistance from the ID Card Office.

You will have to disclose that you are trans to the person who helps you in order to access this service, but they do issue new ID Cards to reflect an updated name, even if you have not legally changed it. If you would like someone to accompany you during this process please reach out to trans resources, or drop in at Trans Office Hours (contact [transresources@stanford.edu](mailto:transresources@stanford.edu)).

Unfortunately, this is only available for the Stanford University ID. Other schools and facilities (e.g. School of Medicine, SLAC) issue IDs that currently require the legal name be displayed.

### ***Changing Legal Name***

To change the name and/or gender marker displayed on paychecks and financial aid documentation, a student must bring official documentation of a name and/or gender marker change AND a government-issued photo ID with the new name and/or gender to the Student Services Center on the second floor of Tresidder Student Union. Name/gender changes may take some time to be reflected on official documents.

To change the legal name and/or gender that appears on medical records, you will need to go to the Stanford Hospital (not Vaden Health Center) with documentation of a name and/or gender change AND a government-issued photo ID with the new name and/or gender.

### ***Replacement Diplomas***

The name on your diploma will default to the legal name listed in Stanford University's educational records. It is your responsibility to verify when you apply to graduate in Axess that the diploma name listed is correct, or to provide any changes required, including hyphens, spaces, lower/upper case letters, accents, etc. No additional titles such as Esq. or Dr. etc. are permitted on the diploma name.

Changes to your diploma name can be made by submitting a Service Request. The completed request should be submitted prior to the application to graduate deadline posted on the Academic Calendar. No name change forms will be accepted after the late application to graduate deadline in Spring Quarter.

To order a replacement diploma with a different name, go to [registrar.stanford.edu/students/diplomas/how-your-name-appears-diploma](http://registrar.stanford.edu/students/diplomas/how-your-name-appears-diploma)

### ***Changing Alumni Records***

To change the name and/or gender in the alumni database, email [alumni-trans-record-updates@lists.stanford.edu](mailto:alumni-trans-record-updates@lists.stanford.edu) for assistance. Default settings in the alumni directory will show former name at the time of matriculation. Alums and students can hide the 'former student name' in the alumni directory account profile settings. For more information, contact:

Barbara Pugliese: [bpugliese@stanford.edu](mailto:bpugliese@stanford.edu)

Leona Bassi: [leona.bassi@stanford.edu](mailto:leona.bassi@stanford.edu)

## ***ALL-GENDER RESTROOMS***

Stanford University is aiming to have all-gender single-occupancy restrooms in all buildings by 2020.

A map of all gender-inclusive restrooms on campus can be found here: [queer.stanford.edu/resources/gender-neutral-bathrooms](http://queer.stanford.edu/resources/gender-neutral-bathrooms)

# ACADEMIC RESOURCES

While academic resources on campus are generally clustered by department, many resources exist for trans students seeking trans-friendly and trans-inclusive academic experiences.

## FEMINIST, GENDER AND SEXUALITY STUDIES

The FGSS Program offers an undergraduate major, secondary major, minor and an interdisciplinary honors program. FGSS majors can declare an LGBT/ Queer Studies subplan, though any student can take their courses.

Popular courses include Transgender Cultural Studies (FEMGEN 118) and Narrating Queer Trauma (FEMGEN 116). A full list of LGBTQ+ courses can be found here: [feminist.stanford.edu](http://feminist.stanford.edu)

## OPPORTUNITIES AND FELLOWSHIPS

Stanford provides many opportunities for trans students to pursue academic excellence, social good and beyond. Though the selection of opportunities on campus is always changing, a few are highlighted below:

- ☞ Diversity and First-Gen Office Student Staff Contact: Dereca Blackmon [dereca@stanford.edu](mailto:dereca@stanford.edu)
- ☞ QSR Student Staff Positions: [queer.stanford.edu/opportunities/apply-staff](http://queer.stanford.edu/opportunities/apply-staff)
- ☞ QSR Fellowships for Community, Social Justice, and Research Summer: [qsrfellowship.weebly.com](http://qsrfellowship.weebly.com)
- ☞ Institute for Diversity in the Arts Community Arts Fellowship (Summer): [diversityarts.stanford.edu/opportunities/CAF](http://diversityarts.stanford.edu/opportunities/CAF)
- ☞ Haas Center for Public Service and Women's Community Center Advancing Gender Equity Fellowship (Summer): [wcc.stanford.edu/get-involved/advancing-gender-equity-fellowship](http://wcc.stanford.edu/get-involved/advancing-gender-equity-fellowship)
- ☞ Haas Center for Public Service Huffington Pride Fellowship (Summer): [queer.stanford.edu/collaborations/haas-pride-fellowship](http://queer.stanford.edu/collaborations/haas-pride-fellowship)



## Weiland Health Initiative Research & Conference Funding

Weiland Health Initiative is able to provide financial assistance to Stanford students who:

- ☞ wish to attend gender and sexual identities-themed conferences; or
- ☞ wish to conduct research on gender and sexual identities and health.

In order to apply for a research or conference grant, please complete the application form found at [weiland.stanford.edu/students](http://weiland.stanford.edu/students)

## FINANCIAL AID & RESOURCES

The Financial Aid Office is committed to supporting students from all backgrounds and circumstances and provides a confidential, accepting environment to discuss individual financial concerns.

Contact: Jeff Shelby [shelby@stanford.edu](mailto:shelby@stanford.edu) or (650) 725-0251

To apply for financial aid, visit:

- ☞ Undergraduates: [financialaid.stanford.edu/undergrad/apply](http://financialaid.stanford.edu/undergrad/apply)
- ☞ Graduate Students: [financialaid.stanford.edu/grad/apply](http://financialaid.stanford.edu/grad/apply)

Note: GSB, Law, and M.D. students should contact the financial aid offices at their schools for instructions.

## The Opportunity Fund

The Diversity and First Generation Office's Opportunity Fund is designed to financially assist undergraduate students who are experiencing a temporary financial challenge from a hardship or who are seeking funds for an opportunity related to their academic, professional, and/or social development.

recognized as a hardship or an opportunity that may not be funded through other means. As such, the Diversity & First-Gen Office considers each request separately.

Types of expenses generally covered by the fund:

- ☞ Travel costs related to a death or illness
- ☞ Assistance with laptop repair or replacement in the event of an emergency (one time during your academic career at Stanford)
- ☞ Medical emergencies that are not covered by the Financial Aid Office
- ☞ Attending student conferences
- ☞ Expenses associated with parent/guardian/family attendance at major campus events (one time during your academic career at Stanford, with the exception of graduation)
- ☞ Expenses associated with preparation for graduate/professional school admissions exams

Types of expenses NOT covered:

- ☞ Tuition or fees
- ☞ Health insurance
- ☞ Study abroad costs (with the exception of overseas seminars)
- ☞ Expenses which are standard considerations for financial assistance through the Financial Aid Office

Due to the high volume of requests that we receive through the Opportunity Fund, it can take up to four weeks to receive a response. Please be sure to include all supporting materials with your application to prevent a delay in processing.

Information and Contact:

- ☞ More Information and to apply: [diversityandfirstgen.stanford.edu/resources](https://diversityandfirstgen.stanford.edu/resources)
- ☞ Contact: [opportunityfund@stanford.edu](mailto:opportunityfund@stanford.edu) or Adriena Brown: [adriena@stanford.edu](mailto:adriena@stanford.edu).
- ☞ Support for Stanford Graduate Students: [ed.stanford.edu/academics/doctoral-handbook/financial-support/emergency-funding](https://ed.stanford.edu/academics/doctoral-handbook/financial-support/emergency-funding)

### **The QT Umbrella Fund (QT Fund)**

To honor and expand both QSR and Weiland's mandate to support the health and wellness of students in the queer and trans communities, this year we are piloting a program designed to support students' medical, legal,

and mental health fees associated with areas related to gender and sexuality.

We created The QT Fund as a systemic way to address and support students' lived experience of being non-binary, trans, and/or queer and to acknowledge the specific hurdles students encounter and burdens they bear when navigating systems at Stanford. We strive to be rooted in transparency and equity - to not act as gatekeepers, but rather to trust students' processes, transitions, and lived realities. Funds will be provided by the Weiland Health Initiative and Queer Student Resources. Funds can be made available up front, not just for reimbursement. This is a pilot program.

We will be accepting initial applications until the end of Fall Quarter Week 4 (October 18, 2019). The review committee will then meet to review all applications. All enrolled students at Stanford are eligible, including postdocs. Exceptions can be made for students on health-related leaves of absence. No prior involvement in or affiliation with Weiland, CAPS, Vaden, or QSR is required.

Our intention is for these funds to be used to support students to access services and other resources not available on campus. This can include funds to access counseling (out of pocket or co-pays), fees associated with gender-affirmative medical services (hormones and/or surgery costs), and legal services.

You can find the application on the QSR or Weiland Website, or reach out to any Weiland or QSR staff member for more information.

## **STUDYING ABROAD**

Many trans students enjoy studying abroad during their time at Stanford. As with most questions of identity, your social experience abroad will depend on many unique factors, perhaps most importantly, where you will be studying abroad. Some countries are more or less culturally accepting of LGBTQ+ identities. There can also be great difference in attitudes depending on whether you are studying in an urban or rural setting within the same country.

In addition to cultural and social attitudes, it is important to understand what laws a host country has regarding gender and gender identity. Being familiar with these laws and reflecting on your own level of comfort with them is crucial. If you are unsure where to begin learning about the attitudes, customs, and laws of your host country, reach out to a Bing Overseas Study Program (BOSP) staff member over email or through an advising appointment. Visit the BOSP advising webpage for details.

BOSP Website: [undergrad.stanford.edu/programs/bosp/explore/studyabroad-overview/study-abroad-advising](https://undergrad.stanford.edu/programs/bosp/explore/studyabroad-overview/study-abroad-advising)

# GENDER-AFFIRMING HOUSING



Many students hope to be matched with a good roommate and trans students are no different. Stanford Student Housing is here to help trans students from all years find the housing arrangements that work for them.

## UNDERGRADUATE HOUSING

### *Frosh & New Transfers Program*

For first-year and new transfer students, roommate assignment is the result of an in-depth matching process.

For incoming new undergraduate students with questions or concerns about roommate selection, email Edith Wu-Nguyen, Associate Dean for New Students Program at [edithwu@stanford.edu](mailto:edithwu@stanford.edu).

Additionally, students who want their trans-specific concerns made a part of the matching process, including requesting a roommate of any gender, can note them in the Approaching Stanford housing/roommate forms.

After roommate assignment, students can bring any questions or concerns to Residential Staff, Residential Fellows or Resident Deans.

For more information, contact: Nate Boswell at [nboswell@stanford.edu](mailto:nboswell@stanford.edu)

## GENDER-NEUTRAL HOUSING

After frosh year, students can choose to live in student residences where gender-neutral housing is available. For more information, visit [rde.stanford.edu/studenthousing/gender-neutral-housing](https://rde.stanford.edu/studenthousing/gender-neutral-housing)

### *Cooperative Houses*

Co-ops are student-managed residences in which residents jointly clean, cook, and operate their houses. Residents in co-ops can usually opt into

mixed-gender living arrangements. More information: [rde.stanford.edu/studenthousing/cooperative-houses](https://rde.stanford.edu/studenthousing/cooperative-houses)

### *The Draw*

During draw season, information is usually made available for trans students looking for special housing accommodations.

### *Housing Over Winter Break*

Stanford offers winter break housing at the Creekside Inn for international students and students who cannot go home for compelling reasons. Stanford heavily subsidizes the cost of staying at the Creekside Inn, and Financial Aid is available for students requiring assistance.

For more information about draw season or housing over winter break, contact Jennifer Padilla-Wong ([padilla-wong@stanford.edu](mailto:padilla-wong@stanford.edu)).

### *Graduate Housing*

Gender-inclusive housing allows friends of different genders to be assigned to the same apartment. All Graduate Single Residences allow gender-inclusive housing. Transgender students can apply through a confidential process; interested students should contact Housing Assignments.

Students interested in this option must:

1. Apply for first-round of assignments in May
2. Apply as a group with your desired group member(s), prioritizing residences where you can fill the whole apartment
3. After you receive your room assignment, file a Gender-Neutral Room Assignment Request

4. Log on to Axess
5. Under the Student tab, click on the Housing & Dining link
6. Click Forms and Petitions on the main menu
7. Select the request type “Gender-inclusive Room Assignment Request”
8. Fill out the form to make your request

Graduate student room assignments are made by the Graduate Housing Front Desks.

This program is intended for students who wish to share a room or apartment with friends of a different gender. It is not intended for romantic couples, who are encouraged to apply for Couples without Children Housing

### ***No Random Roommates***

Students will not be matched with a random, different-gender roommate through this process. This is why it is very important to file a Gender-Inclusive Room Assignment request in Axess after receiving your assignment.

### ***Roommate Pairings Match Apartment Size***

Keep in mind that in your intended roommate pairings must match the size of the apartment or room type you are assigned.

### ***What happens if one of the roommates cancels their assignment or leaves mid-year?***

If one student cancels or leaves during the year, the remaining student(s) can request another roommate from students who have been assigned to the same housing location, or the entire space will revert to a single gender space (based on the majority of students remaining in the room/apartment). This may involve reassignments of some students.

### ***Gender-inclusive Housing and Transgender Students***

Transgender students can either use the option available above or can apply for housing through a confidential process.

### ***Confidential Process***

Transgender students who need accommodation due to their gender identity/expression should contact Housing Assignments:

- ☞ The request will be handled through a confidential process and staff will not ask for more information than is required to meet students’ housing needs
- ☞ Placement priority will be given to students who notify Housing Assignments well in advance of the annual Draw or Lottery and who require accommodations based on their gender identity/expression

- ☞ Later requests will be handled as appropriate spaces become available

Housing Assignments recognizes that students are not all alike but instead have different needs and desires. All concerns and accommodations will be addressed on a case-by-case basis.

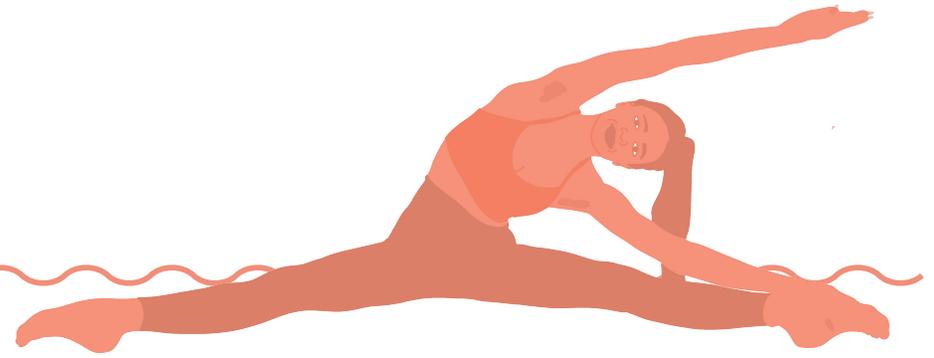
### ***Roommate Conflicts***

If a student has a conflict with a roommate because of their gender identity/expression, the student should see their Graduate Life Dean first. Residence Deans are full-time, professional staff members who have taken part in training specifically on gender identity/expression issues.

More information: [glo.stanford.edu](http://glo.stanford.edu)

If you are in a crisis and need immediate assistance, call: (650) 723 7288.

# ORGANIZATIONS & RESOURCES



## ATHLETICS

No formal restrictions exist for trans students looking to play club or recreational sports at Stanford. AOERC has an all-gender locker room featuring private toilets and showers, as well as temporary storage lockers, vanity/sinks and changing areas. Unfortunately, ACSR does not have an all-gender locker room.

- ☞ Official policy for trans varsity student athletes: [stanford\\_ftp.sidearmsports.com/Compliance/Inclusivity.pdf](https://stanford_ftp.sidearmsports.com/Compliance/Inclusivity.pdf)
- ☞ More resources and services at: [gostanford.com/news/2016/9/19/athletics-sport-psychology-services.aspx](https://gostanford.com/news/2016/9/19/athletics-sport-psychology-services.aspx)

### Contacts:

- ☞ Kelli Moran-Miller, PhD, CMPC ([kemm@stanford.edu](mailto:kemm@stanford.edu))
- ☞ Dr Julie Sutcliffe, assistant Director ([jusut@stanford.edu](mailto:jusut@stanford.edu))

## GREEK LIFE

While the Greek system is still binaried, many trans folks may consider joining a sorority or fraternity. A guide is being constructed to provide accurate information about safety and inclusion to aid navigation through this process.

### Contact:

- ☞ Amanda Rodriguez, Director, Fraternity and Sorority Life ([amrod@stanford.edu](mailto:amrod@stanford.edu))

## RELIGIOUS LIFE

The Office for Religious Life advocates for and supports spiritual and religious engagement at Stanford. A primary part of its mission is collaboration with students, faculty and staff to provide a welcoming and inclusive resource on campus for transgender students.

### Contact:

- ☞ Rev. Dr. Joanne Sanders, Associate Dean for Religious Life ([revjojo@stanford.edu](mailto:revjojo@stanford.edu))

## DISCRIMINATION

Stanford prohibits discrimination on the basis of sex, orientation, and gender identity. For help or advice concerning discrimination, students can reach out to [transresources@stanford.edu](mailto:transresources@stanford.edu).

## DIVERSITY AND ACCESS OFFICE

If you have other questions or concerns, or need more information about diversity and access, visit [diversityandaccess.stanford.edu](https://diversityandaccess.stanford.edu)

### Contact:

- ☞ Rosa Gonzalez ([rgonzalez@stanford.edu](mailto:rgonzalez@stanford.edu)) ([equalopportunity@stanford.edu](mailto:equalopportunity@stanford.edu))

## TITLE IX OFFICE

The Title IX Office collaborates with the Stanford community to stop, prevent, and remedy sexual violence and gender-based discrimination through education, culture change, accountability, and empowerment. We offer options, resources, and accommodations to students of all identities affected by these issues and are committed to providing a fair, thorough, and prompt investigation and adjudication process.

### Contact:

- ☞ Website: [titleix.stanford.edu](https://titleix.stanford.edu)  
Email: [titleix@stanford.edu](mailto:titleix@stanford.edu)

## MORE QUESTIONS?

Answers to additional questions may be found at [queer.stanford.edu](https://queer.stanford.edu), or to speak with a member of the trans community, email [transresources@stanford.edu](mailto:transresources@stanford.edu)

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